

# Face suicide warning signs before it's too late.



## Warning Signs:

- Decreased self-confidence
- Isolation from peers
- Agitation and excessive anger among family and co-workers
- Increased feeling of being overwhelmed
- Decreased problem solving ability
- Legal and illicit substance abuse
- Near hits, incidents and injuries



## For Immediate Assistance:

**NATIONAL**  
**SUICIDE**  
**PREVENTION**  
**LIFELINE™**  
**1-800-273-TALK**  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

## For Counseling Assistance:

**CCI**  
EMPLOYEE HELPLINE  
Atlanta: 770-516-0941  
Outside Atlanta: 800-516-0941